

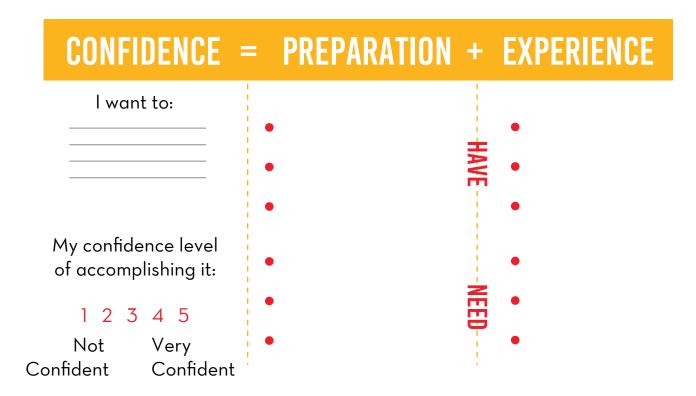
CONFIDENCE IS CREATED PREPARATION

PREPARE LIKE



Athlete I admire:

How do they prepare?



OUR CONFIDENCE WILL ALWAYS BE IN DIRECT PROPORTION TO OUR PREPARATION. THE MORE PREPARED WE ARE, THE MORE CONFIDENT WE WILL BE.



